		DATE:	/	/ /		/	′ /		/	′ /		/	/ /		/	/		/	/ /		/	/			/	
		SHIFT:	am	pm	N	am	pm	N	am	pm	N	am	pm	N	am	pm	N	am	pm	N	am	pm	N a	am p	pm	N
	Insert as appropriate.	Wash																								
	Asst (Assisted)	Shower																								
نه	Sup (Supervised).	Bath																								
ar ar	Self (Self caring).	Bedbath																								
la e		Haircare																								
Personal Care.		Mouthcare																								
ers		Dressing.																								
P.		Change in ability noted																								
	Insert as appropriate.	Breakfast																								
Nutrition.	GI (75-100% taken).	Lunch																								l
iti	FI (50-75% taken)	Tea																								
uti	PI (25-50% taken)	Snacks.																								
Z	Rf. (refused).	Fluids.																								1
	Tick as appropriate	Bowels opened.																								1
	Tick as appropriate	Bowels not opened.																								
i i	Nurse to circle if required.	Bristol Stool score																								
atio	_	Urine colour code																								
iii	Asst; Sup or Self.	Toiletting.																								
Elimination.	Tick if catheter in situ.	Catheter																								
田	Tick as appropriate	Changes in pattern or ability noted																								
	Insert score	Mood and engagement score.																								
	Tick as appropriate.	Low Mood																								ı
7		Anxious																								ł
Mood		Calm																								ł
2		Change in mood noted																								i
	Tick as appropriate.	Skin and pressure areas intact.																								
u C		Change in condition of skin																								
litic		Change in condition pressure areas																								
Skin condition		Pressure sore noted																								
05 1		Skin tear noted																								
kir		Existing pressure sore /wound/skin tear																								
N.		Bruising noted																								
	Tick as appropriate.	Wandering																								
<u>:</u>		Agitated																								
no		Verbally aggressive.																								
Behaviour.		Distressed.																								
Seh		Physically aggressive.																								
I		Change in behaviour noted	<u> </u>				<u> </u>			<u> </u>										<u> </u>						ш
																										_i
			<u> </u>																							ш

		DATE:	/	′ /		,	/ /		/	′ /		/	/ /		/	/		/	/ /		/	/				
		SHIFT:	am	pm	N	am	pm	N	am	pm	N	am	pm	N	am	pm	N	am	pm	N	am	pm	N a	am	pm I	N
.	Tick as appropriate.	Knows people																								
		Knows where he/she is																								
Ab		Knows day of the week																								
ive		Confused about people, place and time																								
Cognitive Ability.		Sleepy / drowsy																								
90		Forgetful																								
		Change in cognitive ability noted																								
Pain	Tick as appropriate.	No pain																								
		Complained of pain																								
	Insert as appropriate.	Walking																								
	sisted) Sup (Supervised).	Transfers																								
Ind. (Ind	ependent).	Change in mobility noted																								
n n	Tick as appropriate	Speech clear.																								
atic		Incoherent speech																								
nice		Difficulty understanding																								
Communication		Hearing aids in situ																								
		Wearing Glasses																								
ی ا		Changes in communication noted																							ì	
	Tick as appropriate for	Had a nap																								
St.	each shift.	Falling asleep during the day																								
Sleep and Rest.		Sleeping at each check during the																								
nng		night																								
d de	g di	Awake for short periods at night																								
) Slee		Difficulty sleeping at night																								
		Awake most of the night.								<u> </u>										<u> </u>						
Nurse b	een informed of changes pri	or to handover? (Y-Yes N-No).							1	ļ		1	_	<u> </u>	<u> </u>					ļ	-					
		Initials of Care Assistant							1	ļ		1	_	<u> </u>	<u> </u>					ļ	-					
		Initials of Registered Nurse																								

MOOD	ME VALUE	ENGAGEMENT
Very happy, cheerful.	+5	Very absorbed, deeply
Very high positive mood.		engrossed/engaged.
Content, happy, relaxed.	+3	Concentrating but distractible.
Considerable positive mood.		Considerable engagement.
Neutral. Absence of overt signs of positive or	+1	Alert and focussed on surroundings. Brief
negative mood.		or intermittent engagement.
Small signs of negative mood.	-1	Withdrawn and out of contact.
Considerable signs of negative mood.	-3	
Very distressed. Very great signs of negative mood.	-5	

1.	2.	3.	4.	5.	6.	7.

Urine Colour Chart.

If the colour of the urine is 5 or greater for more than two days commence Fluid Monitor Chart

First Name:	Middle Initial:	Surname:	Date of Birth:	GMS Number.	General Practitioner:	Room No.:
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First Name:	Middle Initial:	Surname:	Date of Birth:	GMS Number.	General Practitioner:	Room No.:
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